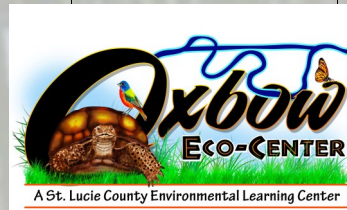


September 2016 @ the Oxbow Eco-Center



(772) 785-5833
www.oxboweco.com
 5400 NE St. James Drive
 Port St. Lucie, FL 34983



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	3 3:00 pm Critter Crunch & Munch
4	5	6 (772) 785-5833 www.oxboweco.com 5400 NE St. James Drive Port St. Lucie, FL 34983	7	8 3:30pm Tales & Trails	9 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	10 2:00 pm Pokémon Go Safari 3:00 pm Critter Crunch & Munch
11	12	13 ST. LUCIE COUNTY FLORIDA	14	15	16 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	17 10:00 am Ramblin Reptiles 1:00 pm Jewelry Class 3:00 pm Critter Crunch & Munch
18	19	20	21	22	23 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	24 3:00 pm Critter Crunch & Munch
25 Illustration of a purple cat sitting.	26	27	28	29	30	

September 2016



Tai Chi for Health

Fridays (Sept. 2,9,16,23 & 30) @ 9:30am


Tai Chi Yang Form

Fridays (Sept. 2,9,16,23 & 30) @ 10:45am

Tai Chi instructors, Hilde and Hector Ruiz-Puyana will lead classes in Tai Chi for Health and Tai Chi Yang Form designed for everyone, including those who suffer from arthritis, diabetes, osteoporosis, and balance issues. \$12 per class or \$40 for 4 classes Both forms are appropriate for ages 16 and up. RSVP a must.

Critter Crunch & Munch- Saturdays (Sept. 3,10,17 & 24) @ 3:00pm, Bring something to snack on while you watch the Oxbow's animal ambassadors enjoy their favorite time of day -- meal-time! Appropriate for all ages, FREE.

Tales & Trails- Thurs., Sept. 8th @ 3:30pm, Join Ms. Phyllis for a story time adventure; and then take a hike in our butterfly garden or down the boardwalk to see what kinds of animals you can spot. Each month the story changes but the fun never stops! Ages 2-6, FREE.

 **Pokémon Go Safari-** Sat., Sept. 10th @ 2:00pm, Come discover the Oxbow Eco-Center's 225-acre nature preserve while catching Eevees, Magikarp and more, as the Oxbow hosts a Pokémon Safari. Explore on your own or take a guided hike through a pine flatwoods forest or along the St. Lucie River to not only catch Pokémon, but learn about the many native species of St. Lucie County. You'll find tracks, scat and other signs of real animals while catching the virtual ones. Several guided hikes will be offered, but space is limited and will be filled on a first-come; first-serve basis. Be

sure to take Pokémon pictures while on your hike and post them to Facebook and/or tweet them using the hashtag #SLC Poke Safari for a chance to win. The Oxbow Eco-Center is a Pokémon Gym, so stick around after your hike and be prepared for battle. All ages, FREE

"Ramblin' Reptiles" with Jerry Walls – Sat., Sept. 17th @10:00am, Calling all reptile enthusiasts Oxbow is hosting "Ramblin' Reptiles" with Mr. Jerry Walls. Come and learn about some reptiles that call Florida's backyard their home. Get up close and personal with some of Florida's native snakes, lizards, turtles and the American Alligator. You may not love them when you leave but you will respect them and gain a greater appreciation for the role they play in the environment. Bring your camera for an unforgettable program! This program is appropriate for ages 5 & up and space is limited so RSVP a must! \$5/participant

Art Class: Jewelry Making- Sat., Sept. 17th @ 1:00pm, Become your own jewelry designer and learn to make your favorite pieces by joining the Oxbow's Jewelry Class. This class teaches all the techniques of beading and jewelry making to create earrings, necklaces and more. Ages 13 and up, \$20/participant, pre-register.

Contact [772-785-5833](tel:772-785-5833)

or

www.oxbow@stlucieco.org

Trails are open everyday from dawn to dusk

September 2016



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